

LITTLE FERRY

Police Activities League (PAL)

IS OFFERING
FUNDAMENTALS OF YOGA FOR ADULTS CLASSES

Run by: Yoga Instructor Kelly Briggs

The cost of the 8 week series is \$40.00

(only \$5.00 per class)

SERIES OF 8 CLASSES:

Class #1 - Tuesday 10/11/16

Class #2 - Tuesday 10/18/16

Class #3 - Tuesday 10/25/16

Class #4 - Tuesday 11/1/16

Class #5 - Tuesday 11/8/16

Class #6 - Tuesday 11/15/16

Class #7 - Tuesday 11/22/16

Class #8 - Tuesday 11/29/16

**All classes will be held from 5:50-6:30pm in the
Washington School Gym (123 Liberty St.)**

You must be 18 or older to attend

Register today: <https://register.communitypass.net/littleferry>